

Chicken Karaage (Japanese Crispy Chicken)



Product Specifications

Product Code: 3801
Packs per Carton: 6
Net Pack Weight: 1kg
Net Carton Weight: 6 kg
GTIN Inner: 9313353038011
GTIN Outer: 19313353038018
Shelf Life: 2 years
Storage Requirements: Below -18°C Frozen
Carton Measurements: L448mm x W299mm x H148mm
Cartons per Pallet: 1.2m pallet - 56 ctns; 1.8m pallet -80 ctns (8 ctns per layer)

Product Description & Usage

Tender pieces of Japanese style chicken, authentically seasoned and coated in a crunchy, golden batter. Chicken Karaage is traditionally served with rice, as an entree or in a bento box but is also the perfect compliment to any oriental bun or slider.

Ingredients & Allergen information

Chicken (49%), Potato Starch, Water, Sake, Soy Sauce, Spices, Vegetable Oil, Baking Powder, Egg Powder, Fruit, Salt, Mineral Salt (451, 450), Thickener (415).

Allergen Information: Contains Soybean, Gluten (Wheat), Egg.

Features & Benefits

- * Authentic Japanese recipe
- * Quick and easy to prepare
- * Skinned and boned
- * Quick frozen to capture its juicy flavours
- * Addictive, golden, crunchy coating
- * Convenient and time saving
- * 100% Australian chicken breast
- * 2 year shelf life

Perfect for

- * Functions and event catering
- * Takeaways and noodle bars
- * Institutions
- * Entrees and side dishes
- * Main course, sushi or bento boxes
- * Restaurants and Cafes
- * Hotels & Accommodation
- * Finger food or Asian Tapas



Cooking Instructions

For best results, cook from frozen.

Deep Fry: Preheat oil to 170-180°C. Deep fry for approximately 3-4 minutes (from frozen) or 2 minutes (defrosted) or until cooked through.

Air Fry: Preheat air fryer to 170-180°C. Air fry for approximately 5-6 minutes (from frozen) or 4 minutes (defrosted) or until cooked through.

Oven Bake (Fan forced): Preheat oven to 170-180°C. Oven bake for approximately 15-20 minutes (frozen) or 8-10 minutes (defrosted) or until cooked through, turning halfway through cooking.

Note: Cooking times and temperatures may vary according to appliance used and portion sizes.

Nutritional Information

Servings per pack: 6.67	Avg Qty Per Serving	Avg Qty Per 100g
Serving Size: 150g		
Energy	1460 kJ (349 Cal)	976 kJ (233 Cal)
Protein	25.7 g	17.1 g
Fat - Total	20.4 g	13.6 g
- Saturated Fat	2.4 g	1.6 g
Carbohydrates - Total	16.1 g	10.7 g
- Sugars	2.1 g	1.4 g
- Sodium	1100 mg	730 mg

Note: Nutritional values are based on average figures and on standard production formulation. Actual portion size and nutritional values may vary. Ingredients are subject to seasonal variation